

JOKES-PUZZLES-CLASSIFIEDS-RECIPES-COMMUNITY EVENTS-FEATURE ARTICLES









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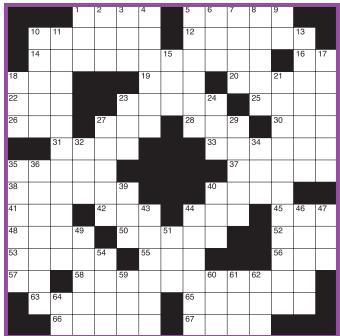
## **GRADING • DUMP TRUCK SERVICE**

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Got up at 5am, ran 4 miles, came back, made a vegetable smoothie for breakfast, did 2 loads of laundry, mopped and vacuumed the floors. and that is all I remember about my dream.





#### CLUES ACROSS

- 1. Wrest
- 5. Russian river
- 10. Grupo Montparnasse founder
- 12. One who quits prematurely 14. Related to the nature of being
- 16. Early multimedia
- 18. Indigenous Tibetan religion
- 19. Tease
- 20. J.M. \_\_, Irish dramatist
- 22. Pounds per square inch
- 23. Surrendered
- 25. Notable Dallas Cowboy Leon
- 26. Dash
- 27. Man who behaves dishonorably
- 28. British Air Aces
- 30. Data executive
- 31. Spiritual leader
- 33. Flower cluster
- 35. Of the cheek
- 37. Tears down
- 38. Uncoordinated
- 40. Touches lightly
- 41. Soak
- 42. Founder of Babism
- 44. Not good
- 45. Inches per minute (abbr.)
- 48. Type of casino game
- 50. Skills assessments for
  - adults
- 52. Check 53. Gives a job
- 55. Fifth note of a major scale 56. Small. faint constellation
- 57. Thou
- 58. Reduce
- 63. Another recording 65. Removes for good
- 66. Jill and Catherine are two
- 67. Cruise

- CLUES DOWN
- 1. Greenwich Time
- 2. Metropolis
- 3. Complete
- 4. Scheduled
- 5. One who obeys
- 6. Resinlike substance secreted by certain lac insects
- 7. Days (Spanish) 8. Unsaturated hydrocarbon
- radical
- 9. Region of the U.S. (abbr.)
- 10. Tributary of the Alabama River
- 11. One who eliminates
- 13. Ballroom music
- 15. Officer in the Book of Mormon
- 17. Denies
- 18. Barrels per day (abbr.)
- 21. Make vital
- **23. Former NFLer Newton**
- 24. Kashmiri tribe
- person
- 32. MLB great Scherzer
- 34. Taxi
- 35. Boggy
- 36. Artist's workroom
- 39. Feline
- 40. Prosecutors 43. Freshwater perches
- 44. Young ladies
- 46. Whittles
- 47. Licensed for Wall Street
- 49. Type of gene
- 51. Express displeasure
- 54. Fly high
- 59. Norwegian krone
- 60. Investment account
- 61. Chinese surname 62. Language
- 64. By the way (abbr.)

- - - 27. Indigenous S. American
    - 29. Capacitance unit



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#### 7th, 14th, 21st, & 28th

MMUN

/th, 14th, 21st, & 28th

Cert Training Classes: Do you know how to take care of yourself, your family, and your neighborhood in the event of an emergency? If the answer is no, please consider taking the Community Emergency Response Team (CERT) class this fall. In these classes you will learn basic first aid, search and rescue, fire suppression and cribbing the lifting of heavy objects with ordinary items and much more. The classes are given at the Emergency Operations Center located at 3549 Saunders Way Lecanto. There is no cost for taking these classes. You must attend all four classes. After taking the classes and filling out a Sheriff's Volunteer Application you can join CERT and continue your education and help your community in the event of a disaster. The classes will be held on Sept. 07 from 8 to 5, Sept. 14 from 8 to 5, Sept. 21 from 8 to 5, and Sept 28 from 8 to 12. If you would like to register for the classes, please contact Chris Evan at 352-249-2700 or you can email at certcitrus@gmail.com

7th

SALE-LA-PALOOZA Ultimate Yard Sale to Benefit CASA- This will be the most spectacular sale that you will not want to miss out on! This will all be held on Saturday, Sept 7th from 8am-12pm at the City of Inverness government building parking lot located at 212 W Main St. All proceeds from the items sold at the CASA designated area will directly be used to purchase items for our survivors' needs in shelter, for our outreach participants, as well as to support all of our outreach programs and services. Vendor space will also be sold to those wishing to bring and sell their own items. The \$20 cost of this space will also directly go to benefit CASA.

#### 1th

"The Historic Duval-Metz House, oldest in Citrus County, will be open for Touring from 10 am to 2 pm on Saturday, 7 September with the Ft. Cooper Chapter of the DAR serving as docents. At the corner of Orange Avenue and Old Floral City Road, the Tour is FREE, but donations keep us moving forward."

#### 10th

The Citrus County Genealogical Society meets at 10:00 a.m. September 10 at the Church of Jesus Christ of the Latter-day Saints, 3474 W. Southern St., Lecanto. The speaker will be Judy Nimer Muhn talking about "Using Ancestry.com: Tips and Tricks." Guests are welcome. For info contact Mary Ann Machonkin 352-382-5515.

#### <u>4th, 5th, 6th</u>

We've got one hell of a lineup for this year's Cooter Music Festival on October 4th, 5th, and 6th! Three days of music, featuring multiple genres, makes for an experience everyone can enjoy!

Friday, Oct 4th - Jesslee ~ Saturday, Oct 5th - First Wave, Subliminal Doubt ~ Sunday, Oct 6th - the 13th Army Band Free event, Family-Friendly.Food trucks will be available

#### 8th

The Citrus County Genealogical Society will meet October 8 at 10:00 a.m. at the Church of Jesus Christ of the Latter-day Saints, 3474 W Southern St, Lecanto. The speaker will be Larry W Thomas talking about "The Tax Man Cometh." Nothing is as certain as death and taxes. Up until the early 1900s, people were taxed on their land and other possessions and these can help in the research of your ancestors. Guests are welcome to attend. For help contact Mary Ann Machonkin (352) 382-5515

#### 11th

SPOOKY STORYTIME: October 11th, 2024 at 7pm The Depot at Liberty Park

This kids' night out is a unique, immersive experience that has never been seen in Citrus County before! Join us as our Halloween friends read some spooky stories aloud, but there's an unexpected twist -- the storybooks come to life and take over! This event is free to the public. Costumes are encouraged (please ensure costumes are child-appropriate and leave any costume-weapons at home) and snack food trucks will be available.

#### **13**t

Cooter Carnival: Back by popular demand, the Cooter Carnival returns on October 13th! Join us for a day of family-friendly carnival fun! Featuring strolling acrobats, free face painting, food trucks, a pumpkin design competition, and tons of carnival games provided by local Citrus County businesses, this event embodies Inverness's motto of "Small Town Done Right." Cooter Carnival is presented by The City of Inverness and Twistid Arts Initiative and will be a free, family-friendly event.

#### 19th

October is Domestic Violence Awareness Month. Join us as we unite to step up and speak out against domestic violence in our community. This family-friendly event is open to the public. We will meet at the City of Inverness building and walk through downtown ending at the Historic Courthouse. Children and pets are welcome! Please use the link below to register you and any children that will be walking with you. Deadline to ensure you get a t-shirt is October 3rd! https://20dgtopwsdb.typeform.com/to/jpOATGUp

## COMMUNITY BOARD SUBMISSIONS DETAILS

To have your free community event or event where the proceeds go to a local not for profit mentioned on the Community Board there is no cost. If you are a private business and your event is to promote you business please see page 4 for our advertising rates. All submissions need to be received no later than the 18th of the month for a chance to be published in the next edition. The Community Board in the Paper is limited and offered on a First Come First Serve Basis. We do have to keep the mention to a 4-6 line maximum (approx-imately 90 words) to ensure we have room to list everyone's events. If your event mention does not meet these size requirements, then it will be edited. If your event is to support your private business and you are charging a fee you are welcome to use our online calendar for no charge.

### MORE COMMUNITY EVENT ONLINE A

//PEDDLERS-POST.COM/CITRUS-COUNTY-COMMUNITY-CALENDA

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Citrus Sertoma-meets every 1st and 3rd Wednesday at the Inverness Moose Lodge 2112 on 221 S Haid Terrace, Lecanto. Dinner at 5:30 - Meeting at 6:30pm Visitors and New Members are welcome.

LEARN TO SQUARE DANCE Every Monday 6PM till 9PM WHISPERING PINES PARK 1700 Forest Dr. Inverness Cost \$5 p/p Western Wear Optional Springs Masonic Lodge No. 378 Meets the 3rd Tueday of each month at 7:30 pm at Springs Masonic Lodge located at 5030 S. Memorial Dr., Homosassa, FI. All Masons are welcome to join us for dinner at 6:30 pm. Snowbirds are always welcome.

The 1st & 3rd Tues of each month The Citrus Library Coping Connection offers Online demintia support groups hosted by Certified Dementia Practitioner Debbie Selsavage. The meeting is conducted through on-line, real-time video communication. The connection hub will be located at the Central Ridge Library at 425 W. Roosevelt Blvd in Beverly Hills.Participants will need to arrive at the Central Ridge Library by 12:50 p.m. on the day of the meeting which is from 1 pm to 3 pm. The program is free and available to anyone. For more information, call 352-746-6622 or 352-422-3663.

Celebrate Recovery at Hills Church, 2 Civic Circle, Beverly Hills, FL. Every Monday Night at 6:00 For more information please call 410-353-7857 ALZHEIMER'S CAREGIVERS COMMUNITY SUPPORT The Floral City Alzheimer's/Dementia Caregivers Support Group meets on the third Friday of every month in the Floral City Methodist Church on Marvin St. Meeting starts at 10:30am. There is no charge and all caregivers are welcome to attend with no pressure to speak. For more info. contact Helen Ciampi 352-341-2867 or Marcia Beasley at 352-726-7740 Hands on Woodturners meet on 3rd Wed. of each month at 7pm at Beverly Hills Lion Club 72 Civic Circle Beverly Hills Blvd Visitors are welcome, members are all levels of turnings A woodturner demonstration given by experienced craftsperson contact email: Howturners. com or call Denis Cap 352-489-4374

Floral City Heritage Museum located at 8394 E Orange Ave. in Historic Downtown Floral city is open to the public Friday and Saturdays from 10 AM until 2 PM. Come taste a piece of "OLD FLORIDA" history and shop at our country store. Hope to see you there! Citrus coin club meeting has moved to crystal river national guard armory 8551 w Venable st crystal river. Meetings are first Thursday of the month at 7pm. All are welcome. Talk, shop, buy or sell coins. The Woman's Club of Beverly Hills invites you to join them. Located at the Central Citrus Community Center, 2804 W. Marc Knighton Ct,

The Woman's Club of Beverly Hills invites you to join them. Located at the Central Citrus Community Center, 2804 W. Marc Knighton Ct, Lecanto. Meetings are held on the 3rd Thurs. of the month at 1 pm with guest speakers and light refreshments. Our Lunch Bunch continues each month, different dates, times and locations. We hope you will be a part of our non-profit, community service organization. Need more information? all us at 203-915-7407. Ladies, hope to see you!

Crafters of Floral CityA casual and friendly group of knitters, crocheters, quilters, artists, jewelry makers and more dedicated to sharing the love of a chosen craft and enjoying time together. Come join us on Tuesdays at 9:00am at the Floral City Baptist Church. 8545 Magnolia St. Floral City. \$2.00 WEEKLY For more information please call: 303 999 5022 or 352 228 9193

AMERICAN VETERANS (amvets) Post 89 meets the third Monday of each Month 6:30 pm at 1 Civic Circle, Beverly Hills, FL. NATIONAL ORG est 1947. Membership open to veterans with DD214 honorable discharge and active duty military. Phone Commander Lou Ann Braglin 352-464-0931

Do you or someone you know have Diabetes? Join our free monthly diabetes support group that is open to all! Led by Certified Diabetes Educators from the Citrus County Department of Health. Each Group focuses on a different topic with the opportunity to learn, share, get questions answered, and receive giveaways. There will also be small recipe tastings and guest speakers. The group meets the third Tuesday of every month from 9am to 10am at the IFAS Conference Room at 3650 W. Sovereign Path, Lecanto. For more information, please email Kathryn.defranco@flhealth.gov.

Disabled American Veterans (DAV), Crystal River Chapter 158

100% Free, professional assistance helping Veterans and their families in applying for and receiving the benefits they rightfully deserve. Our services include assistance in applying for VA health care, disability, education, opportunities for meaningful employment, provide emergency grants, and potential assistance within the local community. Most importantly, with DAV, you receive a lifetime of dedicated network of support. Call today and let us know how we can help you by calling 352-795-7129. Appointments are available Monday, Wednesday, and Friday from 10 am 20 m, 20 m,

Wednesday, and Friday from 10am-2pm. 501 SE 7th Ave, Crystal River Come have fun and play games at the American Legion Post 58 located at 10730 S US Highway 41, Dunnellon every Thursday. Queen of Hearts Raffle is 4:00-5:30. Prize is \$1733 and increases weekly. Winner paid by check. Tickets \$2.00 BINGO begins at 6:00. Winners paid in cash. Refreshments available. 10730 S US Highway 41, Dunnellon Do you or someone you know have diabetes? Join our free monthly diabetes supporty group that is open to all! Each group focuses on a

Do you or someone you know have diabetes? Join our free monthly diabetes supporty group that is open to all! Each group focuses on a different topic with guest speakers, recipe tastings, and small giveaways. Group meets the 3rd tuesday of every month from 9am to 10am at 3650 W. Sovereign Path, Lecanto, FL For more information call Kathryn 352-513-6083

10am at 3650 W. Sovereign Path, Lecanto, FL For more information call Kathryn 352-513-6083 The Floral City American Legion(Hubert Suber) Post 225 is located at 6535 S Withlapopka Dr, Floral City, FL 34436. We meet the 3rd (third) Thursday each month at 1:00 PM. All veterans are welcome and invited to attend. For further info call: Commander Fred Daniels @ 352-422-2449.

Gentle Warrior Yoga. Therapeutic and Meditative Alleviate the Stressors of Life Wednesdays and Fridays at 1pm Citrus County YMCA located at located at 4127 W Norvell Bryant Hwy, Crystal River, FL . 352 500-9622

Amvets Post 89, We meet the 3rd Monday of each month at 6:30pm. We meet at the Beverly Hills Community Center @ 1 Civic Circle, Beverly Hills, Florida, 34465.

"Floral City Garden Club welcomes all to the second Friday monthly meetings at 12:00 in the Floral City Community House. www.floralcitygardenclub.com. (954)557-5982"

## SUBMIT YOUR EVENTS ONLINE

https://peddlers-post.com/submit-your-community-events/

GET YOUR EVENT NOTICED ON THE PEDDLER'S POST WEBSITE FOR FREE. ONLINE

COMMUNITY CALENDAR IS OPEN FOR EVERYONE TO USE!

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AT BREAKFAST, A MAN ASKED HIS WIFE "WHAT WOULD YOU DO IF I WON THE LOTTERY?" SHE REPLIED, "I'D TAKE HALF AND THEN LEAVE YOU." "GREAT!" HE SAID. "I WON \$12 YESTERDAY, HERE IS \$6, STAY IN TOUCH.

GET	SEWING	WORD SEARCH	WORDS
E Q C F   B R B F   A N O G   S A F U   L L S M   G M K G   O G C F   I D T I   A E A F   I D T I   R G T F   G V I T   R G T F   P B N F   M F F F   K D N A   N E T N	M Q B A S   E S N K U   H D B F O   G Q R D U   U E N O I   M U P B N   U E N O I   M U P B N   K Q N A R   C I F Q G   F L T I O   R P D L C   D P E L N   F A R G L   R M K E F   T T E H M   S A R A A   K T C E O   K T C E O   K T C <td>T E R E S Q M D E N O P   P L K L D U B U D R S I   L D E M B U U V Q E E N   E N D N T T S U I T C S   S N E T G T A H V T I B   Q I O O I T C C G A D F   A N M T G T H T L P O A   H M C B O R P T E C B F   V H U N O C L G L E O H   V</td> <td>ANCHOR APPLIQUE BASTE BIAS BOBBIN BODICE BUTTONHOLE CASING DART FACING FOLD GRAIN HEM LENGTH MACHINE NOTCH PATTERN PINS PLEAT SEAM SELVEDGE STITCHING TACK TENSION</td>	T E R E S Q M D E N O P   P L K L D U B U D R S I   L D E M B U U V Q E E N   E N D N T T S U I T C S   S N E T G T A H V T I B   Q I O O I T C C G A D F   A N M T G T H T L P O A   H M C B O R P T E C B F   V H U N O C L G L E O H   V	ANCHOR APPLIQUE BASTE BIAS BOBBIN BODICE BUTTONHOLE CASING DART FACING FOLD GRAIN HEM LENGTH MACHINE NOTCH PATTERN PINS PLEAT SEAM SELVEDGE STITCHING TACK TENSION

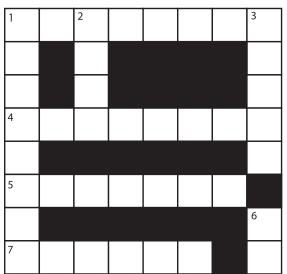
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### **Crossword Puzzle**



### ACROSS

- 1. A thing a person does
- 4. Connective tissue
- 5. Grabs and stops a
- person 7. Competitive

### DOWN

- 1. Sports participants
- 2. Aggressive person 3. Someone who is
- young 6. Extra time in a
- game (abbr.)

:J9W8RA

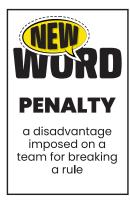
1. Athletes 2. Thug 3. Youth 6. OT umon 1. Activity 4. Ligament 5. Tackles 7. Sports Across



1933: Salvador Lutteroth establishes Mexican professional wrestling.

1964: Malta gains independence from the United Kingdom.

**2001:** "America, A Tribute to Heroes" is broadcast by more than 35 television channels, raising more than \$200 million for 9-11 attack victims.



German: Laufen









scholarships, mentors & hope

Take Stock in Children is a non-profit scholarship & mentoring program for deserving students who qualify both academically & financially and have a dream of attending college. Students can apply in the 6th, 7th, 8th or 9th grade. Students who successfully complete the program will receive a 2-year tuition scholarship for a college or vocational school in the state of Florida. Each student in the program will be assigned a mentor and will have a friend with whom to share their hopes for the future.

Applications are being accepted right NOW. Complete the form online here https://formstack.io/5EBEA or Scan the QR code above. Your application will be reviewed by our Take Stock Scholarship Committee, and we will be in contact. Learn More: https://www.takestockcitrus.org/ Questions? 352-344-0855



## WHAT HAPPENED WHEN THE TEACHER TIED **ALL THE KID'S SHOELACES TOGETHER?** THEY HAD A BIG CLASS TRIP.

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### Did you know?

Five-year survival rates for prostate cancer are notably high. Johns Hopkins Medicine notes that approximately 80 to 85 percent of all prostate cancers are detected in the local or regional stages, which plays a significant role in improving survival rates for the disease. Johns Hopkins notes that many men diagnosed with prostate cancer and treated at the local or regional stages are cancer-free after five years. Indeed, the American Cancer Society reports that the five-year survival rates for localized and regional

prostate cancers was greater than 99 percent. Localized indicates there is no evidence that the cancer has spread beyond the prostate, while regional means it has spread to nearby structures or lymph nodes. The high survival rates for local and regional prostate cancers underscore the effectiveness of screening for the disease. The ACS recommends men who are at average risk for prostate cancer discuss screening with their physicians at age 50, while those at high risk should open such a dialogue at age 45. Men at very high risk, which includes individuals with a firstdegree relative who had prostate cancer at an early age, should discuss screening upon reaching age 40. When prostate cancer has spread to other parts of the body, the five-year survival rate is 34 percent.

		6					9	
		2				1		
			8			5	3	
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	2	9			4			5



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		3			7		1	
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			6	9	2			4
		9	1				7	
						L	evel: B	eginne



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September 1st 1878 1st female telephone operator starts work, Emma Nutt for the Edwin Holmes Telephone Despatch Company in Boston

September 2nd 1666 Great Fire of London begins at 2am in Pudding Lane, 80% of London is destroyed September 3rd 1944 Holocaust diarist Anne Frank sent to Auschwitz concentration camp September 4th 1957 Governor of Arkansas, Orval Faubus, calls out National Guard to prevent 9 black students from entering a Little Rock's Central High School

September 5th 1958 1st color video recording on magnetic tape presented, Charlotte, North Carolina September 6th 1666 After St Paul's Cathedral and much of the city had been burned down over four days, the Great Fire of London is finally extinguished.

September 7th 1940 Beginning of the Blitz as the German Luftwaffe bomb London for the 1st of 57 consecutive nights losing 41 bombers as the Nazis prepare to invade Britain

September 8th 1565 1st permanent European settlement in the US founded at St. Augustine, Florida September 9th 1543 Mary Stuart, at nine months old, is crowned "Queen of Scots" in the central Scottish town of Stirling

September 10th 1977 Hamida Djandoubi, convicted of torture and murder, is the last person to be executed by Guillotine in France

September 11th 1229 Ögedei, son of Genghis Khan, is elected the Mongolian Khan, succeeding

Genghis after his father's death

Mayflower

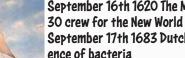
September 12th 1940 Four teens, following their dog down a hole near Lascaux, France and discover 17,000 year old drawings now known as the Lascaux Cave Paintings

September 13th 1969 "Scooby-Doo Where are You" by Hanna-Barbera debuts on CBS in the US

September 14th 1936 1st prefrontal lobotomy in America performed by Walter Freeman and James

W. Watts at George Washington University Hospital in Washington D.C.

September 15th 1616 First non-aristocratic, free public school in Europe is opened in Frascati, Italy September 16th 1620 The Mayflower departs Plymouth, England, with 102 Pilgrims and about



September 17th 1683 Dutch scientist Antonie van Leeuwenhoek is the first to report the exist ence of bacteria

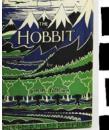
September 18th 1947 The Central Intelligence Agency officially comes into existence after being established by President Truman in July

September 19th 1893 New Zealand becomes the first country to grant all women the right to vote September 20th 1519 Spanish expedition led by Portuguese navigator Ferdinand Magellan sets off on the 1st successful circumnavigation of the globe (Magellan killed on route)

September 21st 1937 J. R. R. Tolkien's "The Hobbit" is published by George Allen and Unwin in London September 22nd 1692 Last people hanged for witchcraft (8) in the US, 19 hanged overall, with six other deaths during Salem witch trials

September 23rd 1962 ABC's 1st color TV series "The Jetsons" premieres, created by Hanna-Barbera and Joseph Barbera

September 24th 1957 "Jailhouse Rock" single released by Elvis Presley (Billboard Song of the Year 1957) September 25th 1926 Henry Ford announces an 8 hour, 5-day work week for workers at the Ford Motor Company September 26th 1687 Acropolis in Athens attacked by Venetian army trying to eject Turks, damaging the Parthenon





September 27th 1822 French scholar Jean-François Champollion announces he has deciphered Egyptian hieroglyphics using the Rosetta Stone

September 28th 1781 9,000 American and 7,000 French troops begin the siege of Yorktown September 29th 1916 American oil tycoon John D. Rockefellerbecomes the world's first billionaire

September 30th 1846 Anesthetic ether is used for the 1st time, by American dentist Dr William Morton who extracts a tooth

## "History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again." Maya Angelou



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### Did you know?

According to Worldwide Cancer Research, an organization that helps to supply funding to pioneering cancer research, blood cancers are the fifth most common types of cancers across the globe. The American Society of Hematology notes that blood cancers affect the production and function of blood cells. When a person is diagnosed with blood cancer, oftentimes his or her normal blood cell development process is interrupted by the uncontrolled growth of an abnormal type of blood cell. The ASH reports that leukemia, lymphoma and myeloma are the three main types of blood cancers. Leukemia is marked by the rapid production of abnormal white blood cells. Lymphocytes are a type of white blood cell that fights infection. Lymphoma occurs when abnormal lymphocytes become lymphoma cells and multiply in the lymph nodes and other tissues. Over time, lymphoma cells impair the immune system, making individuals vulnerable to infections and other adverse health outcomes. Myeloma is a cancer of the plasma cells, which the ASH NOTES are typically responsible for producing disease- and infection-fighting antibodies. Myeloma prevents the normal production of those antibodies, leaving patients vulnerable to infection



## LUNCH AND DINNER MENU AVAILABLE FROM 10 A.M. TO CLOSE DAILY



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### Gooey waffles for breakfast or dessert

Waffles can be enjoyed any time of the day. While traditionally breakfast fare, waffles can be a sweet or savory dessert as well. When waffles are paired with the flavors of a traditional Banana Foster dessert, they can be a decadent breakfast or impressive evening treat. Enjoy this recipe for "Kentucky 'Nanners Foster Waffles" from "Lord Honey Traditional Southern Recipes with a Country Bling Twist" (Pelican Publishing) by Chef Jason Smith.

Kentucky 'Nanner Foster Waffles (Serves 4 to 6)

	Nonstick cooking spray	Topping:	
2	cups all-purpose flour	1/4	cup butter
1/4	cup white sugar	1/4	cup brown sugar, packed
1	tablespoon baking powder	1/4	teaspoon ground cinnamon
1	teaspoon salt	1/4	teaspoon ground nutmeg
2	eggs	2	bananas, sliced thick
11/2	cups milk, any variety	3	teaspoons bourbon
1/2	cup butter, melted and cooled		Favorite vanilla ice cream
2	teaspoons vanilla		
1/2	teaspoon ground cinnamon		



Preheat a waffle iron, and spray with nonstick cooking spray. Preheat oven to 170 F. In a large bowl, whisk together the flour, sugar, baking powder, and salt.

In a small bowl, whisk the eggs and milk. Add the butter, vanilla, and cinnamon, and whisk.

Add the wet mixture to the dry, and whisk until there are no lumps.

Scoop 1/2 cup batter onto the waffle iron, close the lid, and let cook until golden brown and crispy. Repeat until all the batter is gone.

Put the waffles on a sheet pan and place in preheated oven.

To make the topping, melt the butter in a medium skillet over medium heat. Add the brown sugar, cinnamon, and nutmeg, stir to combine, and cook for about 1 minute.

Add the sliced bananas and cook for a few seconds. Add the bourbon (or apple juice, instead), and cook 2 to 3 minutes, stirring often with a light hand so the bananas do not break up.

Meanwhile, place 1 to 2 waffles on a plate and top with a scoop of ice cream. Once banana sauce has thickened, spoon over ice cream and waffles. Repeat with remaining waffles.

## FREE PRIVATE PARTY CLASSIFIEDS

THERE IS NO CHARGE FOR A PRIVATE PARTY CLASSIFIED AD (UP TO 5 FREE PER MONTH). <<< SMALL BUSINESSES >>> SEE END OF CLASSIFIED SECTION **NYOUR FREE CLASSIFIEDS M BE SUBMITTED 3 WAYS:** 1) MAIL IT TO US: PO BOX 619, FLORAL CITY, FL 34436 2) EMAIL IT TO US: **OFFICE@PEDDLERS-POST.COM** -3) SUBMIT IT ON OUR WEBSITE: HTTPS://PEDDLERS-POST.COM/SUBMIT-YOUR-CLASSIFIEDS/ **ALL CLASSIFIED ADS** MUST BE LEGIBLE AND INCLUDE: 1) YOUR NAME 1 2) TELEPHONE NUMBER **3) COUNTY OF RESIDENCE** 4) YOUR AD INFORMATION ADS WILL NOT BE PUBLISHED WITHOUT THIS INFORMATION. THERE IS NO FIRM LIMIT ON WORDING BUT PLEASE BE REASONABLE. ADS WILL BE EDITED FOR LENGTH IF NECESSARY. \*\*\* ALL CLASSIFIED ADS NEED TO BE SUBMITTED BY THE END OF BUSINESS ON THE 18TH OF THE MONTH TO MAKE IT IN THE FOLLOWING EDITION. \*\*\* AGGREGATE: FREE CLASSIFIED ADS ARE LIMITED TO 5 ADS PER HOUSEHOLD PER MONTH. TEMS MAY BE RE-RUN UNTIL THEY ARE SOLD AND MUST BE RE-SUBMITTED EACH MONTH \*\*\* VE DO NOT TAKE CLASSIFIED ADS OVER THE PHONE \*\*\*I RESERVE THE RIGHT TO REFUSE ANY AD FOR ANY REASON\*\*\*

## **CLASSIFIEDS • CLASSIFIEDS**

General Interest

#### Free Offers

DEAD OR ALIVE FREE Removal of stoves, refrigerators, microwaves, washers & dryers, freezers. Call to schedule free pickup 352-410-9273.

#### Wanted to Buy

Aluminum Grill with Chevrolet Lettering for a 69-70 Chevy C10. Must be in good condition. 352-560-3766

Buying US Dimes, Quarters, Hal Dollars and Dollars dated 1964 and before. (352)795-3842. Leave message and number.



"Wanted" Civil War & World War 1&2 Swords. Knives, Helmets etc. Antique Slot Machines & Vintage Coin Op **Rides & Railroad** Items, Boulle Clocks & Gas Oil **Globes**. Vintage Carnival Items and Indian Statues. Please call or text 813-359-7281 Jon.

BUYING Comic book collections. Looking to purchase only Pre-1960's or 60's and older collections Call or Text 813-359-7281

"Antique Carved wooden cigar store Indian's" Call or Text Jon 813-359-7281



Wanted Vintage Antique Porcelain Signs & Thermometers Gas Oil Soda Cigar Tobacco Automotive Call or Text Jon 813-359-7281

Wanted: golf clubs. Hobbyist will buy old wooden shafted golf clubs and other old golf items. Call Frank, 352-683-4807. Landline

Wanted: Cars and Trucks, Dead or Alive. No title required. Cash paid at pick up. Smitty's Auto in Homosassa. Family owned salvage yard. 352-422-0227.

"Wanted" Vintage and Antique Pedal Tractors & Cars, Nautical Brass Binnacles/Telegraph, Marine Lanterns, Ambrotypes, Daguerreotypes and other Antiques!! Call or Text 813-359-7281

#### HELP WANTED

Empowering Health Through Nutrition "Saladmaster" is seeking regular distributors to join our team.

\*\*Why Join us?\*\* Full Training Provided: Comprehensive training to help you succeed

\*\*No investment required: Start with no up front costs. \*\*Presentation Materials Supplied: All necessary materials provided. \*\*Superb Commission Package: Earn High Commissions. \*\*Career Advancement: Opportunities for growth based on your performance.

\*\*About Saladmaster: Saladmaster is a leader in "Nutritional Coaching" using a premium cooking system, dedicated to promoting healthy cooking and lifestyles.

\*\*Who should Apply? Individuals with a passion for health and wellness. - Those seeking a flexible, rewarding career. - Self motivated and driven individuals.

\*\*How to apply: interested candidates can contact William at 704-291-6921

### \*\*\*PUBLIC NOTICE\*\*

Florida's Antique Mall 1340 Highway 41 N Inverness, FL 34450 Phone: 352-461-3030 Contact: Manny Pesco LOOKING FOR DEALERS WITH QUALITY ITEMS FOR OUR NEW 30,000 SQ FT MALL

IN THE INVERNESS RE-GIONAL CENTER AIR CONDITIONED OPEN YEAR ROUND OPENING IN AUGUST 2024 HOURS MON- SAT 10AM-7PM, SUN 12- 6PM Contact us now for your booth, shelf.

wall space or showcase. Rent now for best locations in the mall.

#### Misc. for Sale

#### Antiques & Collectibles

German stein collection for sale. 48 steins some are musical all in good and damaged would like to sell the entire collect. 3523639536 Baseball and football cards for sale out of storage! Most over 35 years old in excellent condition! Sold in lots of 2000 cards for \$60 Have 5 lots! Buy them all for \$250! 937-725-5081

#### Appliances

Two (2) brand new "Water Filters" in original boxes, Model No: "MWF" for a GE Refrigerator. Make me an offer. Phone:352-238-5401

GETTING NEW APPLI-ANCES? DON'T let the retail delivery guys take your appliances away for free! Call us instead. Whirlpool/ Kenmore: washers, dryers, refrigerators, stoves, upright freezers, dishwashers, above the stove microwaves. Along with some other brands. We pick up. Call 352-410-9273.

#### **Building Materials**

Hardey Board siding 7" X 12". 4 Pieces \$8 each. 352-257-7084

#### Electronics

2 flatscreen TV's a Samsung 46" with remote and a 36" Vizio \$35 each. 802-681-3843

SEARS' VINTAGE RA-DIO/STEREO RECORD PLAYER

Turn table has 45 rpm adapter, 2 Speakers, Jack for Earphones includes Earphones. Eight-track player/ recorder. \$75.00 Call Ruth 352-382-1000 (Picture available)

Furniture

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### **CLASSIFIEDS • CLASSIFIEDS**

Call Ruth 352-382-1000 (Picture available)

Wood Dining Table and Four Chairs on Casters. Comfortable and in good condition. \$375 352-447-2324

#### Heating & Cooling

Whirlpool A/C Window Unit 10,000 BTU. Cools 352-500 SQ Feet. Used once \$200 Call Brian 352-489-3584

#### Hobbies

Stained Glass Classes, Tues. & Wed. 10-12:30 at Touch of Glass by Susan, Floral City. Supplies/Tools. 352-726-1765.

#### Fishing

Trading Post we buy and sell guns and ammo, sporting goods, and valuables. Long Trading Post Hwy 41 Hernando 352-341-1735 2820 N. Florida Ave.

#### Lawn & Garden

Aires Riding Mower, needs work, 3525039200

new used 1 time. Milwaukee 18 volt- weed eater \$200.352-257-7084

Troybilt riding mower 42in cut ready to cut runs and looks great \$400 (352)503-2489 John Deere L130 42in cut runs great looks better \$600 (352)503-2489 Pull behind spreader \$20. (352)503-2489 bagger system for Lt series craftsman riding mower \$40. (352)503-2489

#### Medical & Health

Marcy recumbent exercise bike with adjustable sized and tension \$90. 802-681-3843

C-Pap Supplies (most in unopened package) 20 different pieces including: Hoses, filters, masks, mask cushions, nasal pillows, and carrying case. all for \$35 0B0 352-287-9566

#### Musical Instruments

Brand NEW Esteban Impala acoustic guitar with cloth case. comes with 10 instructional \$200. Also a Lyon 6 string acoustic guitar like new with beautiful wood and a soft case. \$75. Please no calls, text for more info or pics. 727-366-8314. Ken

Brand NEW Esteban Impala acoustic guitar with beautiful cloth case. A great guitar for beginners to learn from this legendary guitarist. It comes with 10 of his instructional DVDs, still sealed. \$200. Also I have a Lyon 6 string acoustic guitar like new with beautiful wood and a soft case. \$75. Please no calls, text for more info or pics. 727-366-8314. Ken

#### Pets & Supplies

Parrot Sanctuary is taking in parrots and macaws that you can no longer care for or want. Birds will be given a loving, happy, permanent home, age of bird doesn't matter. Birds must be healthy.

## Sports Equipment

352-613-3708.

Golf clubs set, all irons and woods including golf bag, balls and accessories! Quit playing! \$50 937-725-5081

MENS E- BIKE TOWN-IE-GO 8-I STEP THRU AS NEW LESS THAN 50 MILES, NEW BON-TRAGER HELMET, MAXX HAUL HITCH MOUNT PLATFORM 2-BIKE RACK (MOD.#50027) + EXTRAS. ALL FOR \$1,400.00 INVERNESS 352-228-3599

Woman's 21 speed schwinn skyliner bike in excellent condition! Two tone white and gold! \$60! Also have CycleOps stationary stand that hooks up to back tire for stationary workout \$30! But both for \$75! 937-725-5081

#### **Tools & Machinery**

Full size Craftsman 10" table Saw. \$100 -352-257-7084

HOME GENERATOR GENERAC GP 5500 \$375.00 CALL 352-212-2966 LEAVE MES-SAGE

Six Chain Saw Blades and 20" Bar off of Stihl Farm Boss #271. Cleaned and Sharpened \$75 352-447-2324

Black and Decker Chainsaw with Battery and Charger 10" bar. \$50 352-447-2324

#### Utility Trailers

30' enclosed cargo trailer \$4500 0B0

#### 352-503-9407

Miscellaneous

5 qt Kitchen Aid Stand Mixer Colbalt Blue Flex beater hardly used. \$75.00352.423.1004

2- 12"x13" Cement Lion Heads to hang on gates or fences. Custom Painted. Embedded Hook for Hanging. \$35 each. 864-247-6395 OR 352-445-3163

Harley Davidson motorcycle helmet, used, \$25, 352-341-1831

Pall Mall unfiltered cigarettes, 10 cartons available, \$25 each, 352-341-1831 lv msg

10' X 20" Canopy for Car, Truck, Old Boat, Disassembled with new top \$100. 352-344-4690

Burn Barrels, \$20 ea. Hernando. 352-302-2210.

HORSE FIGURINE White Porcelain 9" tall. Made in West Germany #3232. Excellent condition. Asking \$35.00. Call Ruth 352-382-1000. (Picture available)

#### Hunting

Trading Post we buy and sell guns and amm0, sporting goods, gold, and valuables. Long Trading Post Hwy 41 Hernando 352-341-1735 2820 N. Florida Ave

Kahr Arms PM9 pistol w/ Diamond black slide, 9mm, Tritium Night Sights, 2-maga-

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### CLASSIFIEDS • CLASSIFIEDS • CLASSIFIEDS • CLASSIFIEDS

zines, 3" barrel, New in the box with manual. \$600.003524410645

PLEASE NOTE: Peddler's Post is not affiliated with the purchase or sale of any firearms and/or ammunition listed in this publication for sale. Anyone posting an ad here is taking full responsibility to transact following state law.

Firearms to sell? Local licensed federal firearms dealer looking to buy collections. Honest and fair prices paid. Veteran and faith-based owner Will come to you. 727-709-0927

S&W Model 41 22LR. 2barrels - 5 1/2" heavy barrel, 8 1/2" target barrel. Very early serial number. 2 weights, 2clips.. This is a working col-

lector. Custom display box. Asking 3,200. Serious

inquiries only. 352-773-0713, Lv. message

Hi-Point 9mm semi pistol, also a 45 cal, good condition, \$225 cash each, 352-341-1831 lv msg

Great old 12 gauge shotgun by Enders Royal American. 28" Double barrel, good condition. double triggers and :rabbit ear" hammers. diamond checkered stock and forearm. \$300. Text only please 727-366-8314. pics upon request Homosassa. no contact after 6pm. Ken

Automotive

Cars

1908 Toyota Avalon XLS (Luxury) 66K mi Garaged Leather, Moonroof, Reclining Rear Seats, No Crashes or Paint wk. One Senior NS Owner, Pristine Condition\$15,000 OBO H. 352-726-3730 Cell 352-422-7599 NoTexts

Wanted: Cars and Trucks, Dead or Alive. No title required. Cash paid at pick up. Smitty's Auto in Homosassa. Family owned salvage yard. 352-422-0227.

#### Trucks

2015 Ford F-150 XLT 62,000 Mi Loaded with options and upgrades. Beautiful, Pristine Cond. Garaged. Purchased New and Services here in Citrus Co. One senior NS owner \$19,500 Call for details (No Texts) H 352-726-3730 Cell 352-422-7599

Parts & Accessories

Corvette (c-5) tail lights with bulbs! All 4 red lens in excellent condition! \$35 937-725-5081

Brand new custom cover for a 2020 Chevrolet Colorado W/T \$100 443-326-7285

DIA Plated Toolbox for full size pick-up. \$100 OBO. 352-257-7084

6 VOLT BULBS sealed head beams, interior, tail lights. 1934 CHRYSLER corporation head light bulbs, STRARTGERS, VOLTAGE REGULATORS, FUEL PUMPS, COILS, GEN-ERATORS many are new old stock. 1951 NASH FENDER SKIRTS NEW. \$50.00 for all. call 1-352-212-2966 leave message

Stainless Steel tool box for small or midsized truck- like new. \$125. 352-344-4690

#### **Recreational Vehicles**

2007 Chevy Roadtrek Class B RV. 112,000 miles, Newer tires. shower, stove, refrigerator, A/C-heat pump, propane. some minor cosmetic issues. Onan generator/need some work. can run on 30 amp outlet. \$25,000. I'm in Homosassa. Text for more info or pics. 727-366-8314. Ken

Boats

**Boats for Sale** 

16 Foot Alumacraft all welded, center console tunnel hull. 60HP Big Foot Mercury. Galvanized Magic tilt trailer. Garage Kept, low hours, like new, mercury marine mech. owned. 352-810-5766

21' Pontoon Boat with new deck, 48 HP Outboard Engine, recent canvas canopy, electro trolling motor, 2 anchors. \$5700 OBO 352-287-9566

1997 27' Sportcraft with Cuddy Cabin, Bthrm and hardtop. 2 twin 352 Chevrolet vortec engines(new in 2021) with 650 Holly Carburetors, Triple axel torque aluminum I beam trailer w/ good tires. \$14,900 firm. 864-247-6395 OR 352-445-3163

**Real Estate** 

#### Cemetery Lots

Two side by side cemetery plots for sale by owner. Located at Fountains Memorial Park in Homosassa, FI. This is a prime location only one hundred feet from entrance. \$2,500.00 for both. Phone number is 352-423-4345.

#### Commercial Property-For Sale



INVESTORS- Take a Look- 2 Houses, 1 Duplex, Office, Bld., Mobile Home, Corner Property approx. 1 + Acre on SR 200 Hernando, Land Zoned Commercial Too!!, All units Rented, on County Water w/Sewer Available. Call Broker Owner, 352-464-1515 Craven Realty, Inc. \$500,000.00

#### Homes For Sale

LOCATION-ACERAGE-POOL & more-Centrally located off 486-features include 3 BR 2 Bath House w/Garage PLUS a detached 32 x32 Garage, HUGE Pool, Over 2 acres of Land, Only \$525,000.00 Call Michele Rose, RE-ALTOR, Craven Realty, Inc. 352-212-5097 #835014

REDUCED! ONLY \$119,000, FULLY FUR-NISHED, Inverness, 4814 E Bow N Arrow Loop, 2 bed/1 ½bath single wide mobile home, 944 total sq ft on 120' x 140' lot, split floor plan, eatin kitchen with wood place, screened porch on front of home & wood deck on back of home, 10'x24' shed, Inverness Horizon Realty 352-637-4280

cabinets, electric fire-



LAKEFRONT-open water on Hernando Lake-2 Br 2 Ba-Dock, updated Bath, features Utility Rm & Storage area attached, asking only \$269,900.00 Call Stacey Barnes REAL-TOR, Craven Realty, Inc. 352-422-2200 #82682

#### Vacant Land

1 1/4 Acre in forest lake N Hernando FL. off Wacker 352-257-7084

Inverness Highlands West, Romans Ave, 80'X120', build your new home on this lot, not far from Holden Park, \$13,000, Inverness Horizon Realty 352-637-4280

## Services General

The Floral City Lions Club rents out the Community House(kitchen included) located at 8370 E. Orange Ave, Floral City at prices you can not beat.\$100 for 501c and \$175 plus tax for private rental. Schedule with us for your next event. For more details call 352-302-6506

Handyman

Handy Man Work & Above Ground Pool Installs We Do It All Build decks, Install Above Ground Pools, All flooring, Bathroom & Kitchen Remodels & More

You supply the materials and we will take care of the labor & Clean up.

Over 25 years experience providing great work at a fair price Call or text 352-239-7018 or 352-422-6558

Lawn Services, Handyman, Remove & replace doors & windows, drywall repair, junk removal, garage clean out, pressure washing. Call Dave Ellis 352-302-1921

Handyman Services, all types of work, bathroom remodel, flooring installation & repairs, pressure washing, lawn-care, painting & more. 352-628-0913.

#### Professional

Interior designing/ bathroom makeovers/ closet organization Outside garden cleanup/ garden makeovers Lot clearing Home deep cleaning Servicing upscale homes in your area!

Support your local family businesses! Amber Herrera 352 438 9386

I know a guy



Pool Cleaning Service Professional, Reliable & Outstanding Services! Call 352-616-3557

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- 🖈 Vertical Vinyl Skirting
- \* Delivery up to 50 miles.

PRESTIGEHOMES.NET 1825 HWY. 41 N. INVERNESS, FL 34450 5r

BEDROOM #3

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\$88,918

1060.0 SQ. FT. - 20' WIDE



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## Tips to take care of your skin

As the body's largest organ, skin is of the utmost importance to overall health. The skin protects against germs, regulates body temperature and enables tactile sensations, says the Cleveland Clinic. Despite those vital functions, skin is easily overlooked in health care regimens.

Even though the skin is susceptible to aging just like every other part of the body, there are steps everyone can take to maintain healthy skin throughout their lifetimes. Dermatologists, including those from the American Academy of Dermatology, share tips on how to care for and protect the skin so it looks beautiful and functions properly.

- Use sun protection. One of the key ways to care for the skin is to protect it from the sun. Over time, sun exposure can cause age spots, wrinkles and elevate the risk for skin cancer. Always use a broad-spectrum sunscreen with an SPF of 15 or higher. Apply generously and be sure to reapply every two hours or more if you will be swimming or perspiring.
- Stay away from tanning beds. People mistakenly think that using tanning beds is safer than sitting out in the sun. However, tanning beds emit harmful UV radiation that can cause skin cancer just like the sun. The AAD says one indoor tanning session can increase the risk of developing melanoma by 20 percent. Use self-tanning products instead for a golden glow.
- Quit smoking or never begin. Smoking makes the skin look older and contributes to wrinkles. Smoking narrows the tiny blood vessels in the outermost layers of the skin, decreasing blood flow to the skin and making the skin more pale, says the Mayo Clinic. Smoking also depletes oxygen in the skin and can damage collagen and elastin, the fibers that give skin its elasticity and strength.
- Avoid an overload of products. Many dermatologists suggest their patients stick to the basics daily, which includes a mild cleans er, moisturizer and sunscreen. Drinking plenty of water also helps the skin. Exfoliating the skin once a week can help remove dead skin cells, but don't overdo it, which can lead to excess oil production and breakouts.
- ~ Select the right products for your skin type. Choose products that pertain to your skin type, which may be sensitive, normal, dry, oily, or a combination thereof.
- ~ Don't forget the lips. Many people treat their entire faces but then do not address the skin on their lips. Skin cancer can form on the lips, so use a lip balm that has an SPF of 30 or higher. Petroleum jelly can add moisture to the lips if they feel dry.
- Visit a dermatologist. A dermatologist is an expert in many conditions of the skin, hair and nails. He or she can perform an annual examination to look at the entire body and determine the health of skin, and identify any moles or spots that may be of concern.
- Check your own skin. People are advised to pay attention to their skin and look regularly for new spots; spots that are different from other spots on the body; moles that itch, bleed or change color; and any other things that seem not quite right.

Taking care of the skin throughout the years can help a person look and feel his or her best.





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## Why you shoud shop local for the holidays and beyond

Various components come together to make the holiday season a festive time of year. There is a lot to get done in a short amount of time during the holiday season, and part of that includes shopping for all of the family members and friends on your shopping list. Shopping can be a complicated process that involves identifying which stores will be the best places to shop. Local retailers make the perfect place to shop for holiday items.

According to the American Express Business Economic Impact Study, more than two -thirds of every dollar spent with a local business stays in the community. Indeed, shopping local benefits consumer and community alike. The following are some of the many perks to shopping locally throughout the holiday season.

- Personalized attention: Small businesses are known for their personalized customer service and owners and staff are often lauded for taking the time to interact and learn about their customers, a dynamic that is impossible at larger retailers.
- Meet and interact with people: Shopping in-person at local stores, you'll see faces from your community and become better known in the local area.
- Shorter lines: Local stores are bound to have smaller crowds and thus shorter lines. That translates to less stress and hassle when it comes to getting in and out with holiday gifts.
- Smaller carbon footprint: Pollution, traffic congestion, habitat loss, and resource depletion may not occur on the same levels when shopping locally compared to patronizing big box stores. That's because local retailers tend to create or source their prod ucts locally, whereas many big box stores secure their goods overseas.
- Easier parking: This goes hand-in-hand with smaller crowds, as shopping locally does not typically require driving up and down endless aisles at malls or standalone retail stores in an effort to find a parking spot. Local retailers in town may have on-street parking or closed lots that are convenient to shoppers.
- ~ Small batch shopping experience: Consumers can secure items in small businesses that are not carbon copies of those found across the country at major retail chains. When seeking a unique, thoughtful gift, shopping locally is the way to go. Shopping locally this holiday season provides an array of benefits to consumers, and helps to solidify a strong Main Street in communities.

# Why is it a bad idea to fart in church? Because you have to sit in your own pew.



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### Did you know?

As women enter perimenopause and begin the transition that will ultimately lead to menopause, many doctors prescribe hormone pills to help regulate menstruation cycles and ease certain symptoms. Compared to regular birth control pills that contain 30 to 50 micrograms of estrogen, a doctor may suggest a low-dose pill that contains between 10 and 35 micrograms of estrogen. These levels can be increased as needed. WebMD says that, in addition to preventing pregnancy, which can still occur in perimenopause, low dose pills often regulate heavy or irregular menstrual periods and may offer protection from ovarian and uterine cancers. The pills also may prevent bone loss, which leads to osteoporosis. ItÕs important to note that contraceptives come with an elevated risk for breast cancer and blood clots, particularly for those with a history of heart disease and breast cancer. So doctors should be consulted about the pros and cons and women should initiate an open and honest dialogue with their physicians to avoid any complications.

## FELINE FUN WORD SEARCH

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David K Giordano is a Citrus County resident from Rochester, N.Y. He's an avid scuba diver, and kayaker, and enjoys extreme adventure travel. David's an active member of Citrus Writers and has had two of his short stories--Mirror at the Edge of Creation and The Hidden secrets of Manatee Island--published in their 2022 & 2023 Anthologies. He's written two fiction novels: Keepers of the Conscience and Watcher of the Hidden Realms, both inspired by actual people, places, and events he discovered while traveling and diving

throughout the western hemisphere. His third novel in the trilogy, Keepers of the Conscience: The Puppet Masters, World on Fire will be out soon. It chronicles our loss of freedom and the chilling events leading to the demise of our country and the world. But take heart, the story is a warning of possible future events and ends on a positive note with a climax that will thoroughly shock you and leave you spellbound for years



For at least thirty years I have been an admirer and student of the beliefs and practices of the ancient Maya of Central America. I have traveled to, climbed, and entered many of their pyramids in Mexico, Guatemala, and Belize. Their knowledge of the number of days in a year was only milliseconds different from the atomic clocks of today--365.242 days. Amazing! They were one of the first cultures in the world to establish the meaning and value of the numeral "O." Yet with all this advanced knowledge and wisdom, they never grasped the benefit and the use of the wheel. And though secluded from much of the world and hidden deep in the rainforest, the ancient Mayan Empire flourished long before the coming of Christ halfway around the world. Their astronomical and mathematical knowledge equaled, and in many instances, surpassed that of any civilization on the planet. Religion guided their way of life, and they worshipped many different gods. They had gods for the sun, the moon, the rain, and even gods of evil and the underworld below.

It has been said that man created God because he needed him. In times of hardship or famine, it's easy to see why . . . During an extended drought, it's easy to see why such primitive people would pray to their god of rain. Superstition clouded the minds of good and evil people alike, giving rise to violence, rumors and rituals passed down from father to son through many generations.

What if there is a God? What if the Devil does exist?

Are we mortals just pawns in some cosmic chess game? Are we merely some form of amusement for beings far greater than ourselves? I once dreamed God watched us on some heavenly TV set, sitting on his throne eating bread and drinking wine, while the evil one planned his next diabolical move. A religious scholar I am not, but I have been given a gift. Not a gift of talent or great abilities, but more a gift of curiosity, passion, and desire. In many ways nothing more than a sincere desire to know the how and why of how people think and how things work. You wouldn't be reading this right now unless you had some similar curiosity.

I imagine the Maya of yesterday weren't much different. They, like the Egyptians and many Native American and other cultures around the world believed their ancestors came from the stars. Specifically, the stars in the Orion constellation. Their priests and astronomers turned their gaze to the three stars in Orion's belt. The Mayan, the Aztec and the pyramids of Giza in Egypt are said to be aligned with these same three stars. They kept a constant eye on the sky. And when an object that looked like one of their deities--"Kukulkan" (feathered serpent)--was spotted, it was easy to see how that object would be revered and worshipped.

Would a winged object that flies, like . . . let's say an airplane or a spacecraft fit that description?

I would have to say, "yes."

There have been many civilizations throughout history that have testified and recorded witnessing strange flying objects they couldn't explain or identify. Even today many credible sources have claimed to have seen objects that defy what we know or believe. They could be nothing more than secret experimental crafts built and designed right here on Earth . . . but couldn't they also be from somewhere else altogether?

All this leads me to tell you about the ancient eye-witness accounts and recent discoveries made right here in our backyard along Crystal River on the Nature Coast of Florida.

July 14, 1519

The ship passed through a dense bank of clouds and adjusted its path toward a distant shore. Beyond the miles of dark blue ocean, a shimmering turquoise sea flooded the view of a fast-approaching lush green shoreline. The commander looked down at a control panel, touched a few icons on the screen and gazed back at the panoramic view of paradise . . . long ago Florida. His hard features softened as a smile crossed his face. "Increase magnetic drive polarity." The ship slowed. It was barely gliding now.

The second-in-command evaluated the information on his screen. "Commander, the best place to bring her down with the most essentials for survival is in that river, sir."

"Do it, and get the crew prepared to transport." His tall frame exuded a confident aura that his crew respected. His jet-black hair and bright violet eyes were different from that of most men. However, he considered his looks to be average at best. "Be sure to leave some transport orbs and the sacred G-force element onboard. Make sure they stay on the ship after we transport." He stared directly into the man's eyes. "Is that clear?"

"Yes, Commander. Perfectly clear, sir." He looked down at a screen. "One minute to impact, sir. Outer hull at acceptable temperature levels."

The ship sizzled as it traveled east barely ten feet above the sea.

Nakita walked along the banks of Crystal River watching a cloud of large seafaring birds dive to the surface of the river to feed on a school of fish only visible from the air. He cast his baited shell fragment out toward the scattering birds and watched his line go taught as he jerked his bamboo pole sharply upward. His face lit up with a smile as he pulled the struggling fish out of the water. It was the fifth one he hooked today. He baited the shell for the next cast when a sizzling sound grabbed his attention.

Approaching from the west, a very large shining bird-like creature with a color that reminded him of the inside of a clam shell headed directly toward him. Its wings did not move. His mouth shot open, and his eyes widened like the moon. He dropped his pole and tried to run but could not. He froze and uttered a scream as the enormous bird skimmed the surface of the water not far enough away. It glided closer, dipped below the surface, and seconds later rose to the surface again where it finally came to rest along the shore just steps away from Nakita.

Steam rose from the motionless creature that glowed like the face of the sun.

The dark tanned Mayan boy swept his long dark hair from his forehead back behind his ears and moved in closer to the monstrous creature. It was huge and like nothing he'd ever seen before. As he walked close enough to touch the bird thing, the heat it emitted forced him to step back. He was shaking and scared. A faint sound came from the bird and grew steadily louder resembling the sound of a flute . . . yet different and coarse. It made strange sounds that pierced his ears and irritated him. They were not the pleasant melodic tones those in his village produced with their flutes. These were discordant harsh sounds that increased in volume and intensity and grew closer and closer together until they morphed into a shrill siren-like scream. He started trembling. His teeth chattered and his heart pounded like a drum. He tried to be brave and move in closer, but his feet would not allow it. Finally, his body responded as he turned from the creature and ran back toward his village on Manatee Island.

His people hadn't been here long. They had escaped Cortez and Spanish invaders from their homeland. Many were slaughtered. A few sailed away. And after battling storms at sea were blown ashore here on the banks of Crystal River far from home. They thanked their gods for the good fortune to have anded here where the climate was favorable and resources plentiful. It was all of paradise and more.

Nakita rushed through brush and thickets and met three adults at the site of a campfire. His body was bruised and scratched with streaks of crimson. He was panting and out of breath. "Oakia," he gasped for air, "giant . . . giant bird . . . fell!" He licked his parched lips. "Hurry, come see! Come see!" He shrugged and waved his arms pointing toward the beast. "It's smoking. Never seen bird smoke. Never . . . and shiny!"

The men turned from the campfire to face the boy. A measured look of fright played with the contours of their faces and their eyes widened to the size of planets. They followed the boy to a shallow lagoon where the giant creature rested. The men circled the giant bird examining its features. As they moved, they shrugged and rolled their heads from side to side in an expression of disbelief. The tallest of the men, one with long black hair and a jaguar stattoo on his chest eyed the other men. "This no bird...."

Nakita and the elders stood speechless. Not just because of the strange thing or creature lying half in the water and half onshore. The most mysterious part of the scene playing out right before their eyes was the life that was attracted to it and the life rising from the sand and water surrounding it. Schools of fish and manatees were coming toward it. Birds were closing in like a magnet and plants were popping up through the sand and sea. The men soon realized that their aches and pains were fading away. The oldest man bowed before the object and gave thanks realizing he was feeling younger and stronger.

A beneficial life-giving God-Force seeped out from the interior of the craft . . . then its power decreased but still lingered. The birds and fish scattered. The plants, though still alive, no longer appeared to be growing as fast.

Men and women from the village gathered but only a few witnessed the miraculous. Nakita and the three men approached the group and relayed the story. Nakita did most of the talking. As he spoke the scrapes and bruises on his body began to vanish. Together as a group they bowed their heads and thanked the gods.

After many heated discussions the villagers agreed to hide and protect the sacred gift. A gift from the gods that fell from the sky. There were other hostile tribes in the area. The Maya were the strangers to Crystal River. They were the invaders. The indigenous people here didn't take too kindly to the new arrivals hunting their animals, fish, and waterfowl. This gift was special . . . sacred and needed to be protected and kept secret.

The passing of days brought the villagers back to the lagoon to carry out their plan to bury the sacred object. In time the entire ship was covered in sand and shells. The Mayan villagers labored day and night for more than a year entombing the craft with a stepped pyramid like the ones in Guatemala, Mexico, and Belize.

In recent years explorers and archaeologists discovered the pyramid and cleared the overgrown forest blanketing it and the buried craft for centuries. Pottery identified to be of Mayan origin along with other artifacts were discovered there as well.

Today, very few even know of its existence. It still hides buried deep in the woods surrounded by a dense canopy of trees; however, the name of the island has changed. It is no longer known as Manatee Island. That is why it continues to be the best kept secret of the Nature Coast....



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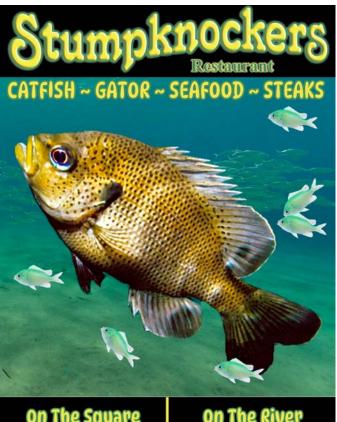
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## Treat yourself to grilled lobster

Lobsters weren't always a delicacy. In fact, lobster was once known as "the poor man's chicken," and it was largely eaten by the lower classes and was even fed to pigs in colonial times. Lobsters can be green, yellow or even bright blue. They get their red hue after being cooked.

Lobsters are a great source of heart-healthy omega-3 fatty acids and boast 28 grams of protein in one cup. If you skip the butter, lobster only has around 96 calories and about two grams of fat per three-and-a-half-ounce serving. It's delicious prepared in various ways, including on the grill. Try this recipe for "Lobster Grill" from "The Reading Terminal Market" Cookbook" (Camino Books) by Ann Hazan & Irina Smith.

Lobster Grill (Makes 4 servings)

4 live lobsters, 11/4 to 2 pounds each

#### Marinade

- 3/4 cup olive oil
- 1/3 cup fresh lime juice
- 2 1/2 tablespoons garlic, mashed 1/2 cup chopped cilantro
  - cup chopped cilantro Salt and freshly ground pepper, to taste Lemon wedges (optional) Clarified butter (optional)



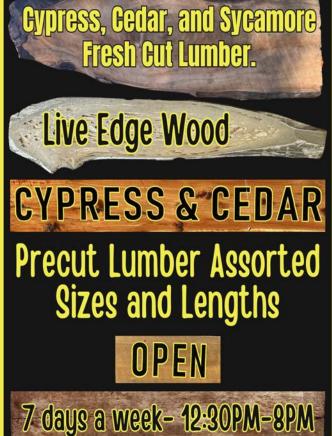
Split lobsters through head and almost through tail, enough to open wide. Wash out chest cavity and crack claws.

To make the marinade: In a bowl, combine the oil, lime juice,

garlic, cilantro, salt, and pepper. Set aside.

Rub marinade over lobster, allowing excess to drain off, and let sit 10 minutes.

Prepare grill or barbecue. Grill, shell side down, for about 3 to 5 minutes. Turn over and cook another 2 minutes, or until done. Serve with lemon wedges and/or clarified butter, if desired.



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free time she likes to show Livestock, like cattle, goats, and horses. We appreciate your support, Sommer! We hope you enjoy your new tote!

Our other winners were Theresa John and Sharyl Carroll. Unfortunately we were unable to connect with them to take a picture and give them a Peddler's Post Item before we went to print!

# TIPS ON HOW TO FALL ASLEEP IN A LIVING ROOM CHAIR: **1) BE OLD 2) SIT IN A CHAIR**



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# Guest: You actually let your dog on the furniture? Me: I'd let the dog borrow my truck if he needed to.

Common conditions that affect dogs

Taking care of man's best friend is a priority for all dog owners. That's evident in the amount people invest in their dogs over the course of their furry friends' lifetimes. A 2023 study from MarketWatch Guides found that the lifetime cost to own a labrador retriever in the United States is \$28,801, which shows the lengths dog owners will go to in an effort to ensure their pets' health and happiness.

Preventive care is one way dog owners can protect their pets' long-term health. Ensuring dogs stay up with their vaccinations and scheduling routine well visits are part of preventive care. Recognition of common conditions that affect dogs is another component of preventive care. Such knowledge increases the chances dog owners can spot issues before they escalate into something that can pose a threat to dogs' long-term health. With that in mind, the ASPCA<sup>®</sup> notes the following are common illnesses that affect dogs.

- ~ Diabetes: The American Veterinary Medical Association reports that diabetes occurs in female dogs twice as often as male dogs. In addition, the AVMA notes that certain breeds may be predisposed to the condition. Dog owners can speak to their veterinarian to see if their dog is predisposed. The ASPCA<sup>°</sup> notes signs of diabetes in dogs include changes in appetite, excessive thirst/in crease in water consumption, weight loss, lethargy, and cataract formation or blindness.
- ~ Cancer: The AVMA estimates that nearly half of all dogs over the age of 10 will develop cancer. The ASPCA<sup>®</sup> notes that hereditary and environmental factors can contribute to the development of cancer in dogs, so it's important for dog owners to keep an eye out for symptoms of the disease. Such signs may include lumps, swelling, persistent sores, abnormal discharge from any part of the body, bad breath, and rapid, often unexplained weight loss. Sudden lameness, lethargy, stools that are black and tarry, loss of appetite, and difficulty breathing, urinating or defecating are some additional symptoms of cancer in dogs.
- ~ Canine parovirus: The College of Veterinary Medicine at Cornell University notes that canine parovirus (CPV) is a highly contagious viral disease. Unlike other conditions affecting dogs that tend to strike when dogs are older, CPV typically affects dogs between six and 20 weeks old, though it can affect mature dogs as well. Symptoms of CPV include lethargy, depression and loss or lack of appetite. The CVM notes that sudden onset of high fever, vomiting and diarrhea also are indicative of CPV infection. The ASP CA notes that CPV can be transmitted to people, animals or objects that come in contact with an infected dog's feces.
- ~ Ringworm: Ringworm is caused by a fungus that can infect the skin, hair and nails of a dog. The ASPCA<sup>®</sup> indicates ringworm is highly contagious and can be passed from dogs to humans. Skin lesions on the head, ears, paws, and forelimbs are some signs of ringworm in dogs. Patchy, crusted, circular bald spots that appear red in the center is another sign of ringworm, which will not necessarily produce any symptoms in dogs. Preventive care for dogs includes studying up on common medical issues that can affect man's best friend. More information about these and other conditions is available at aspca.org.





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